

Central Bucks School District- Cold Spring Elementary UPDATED School Lunch Menu March 2019

All Grains are
Whole Grain Rich!

U= Vegetarian
Meal Choice

"The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE"



Honey Mustard Chicken Wrap

Garden Salad♥ Pretzel Yogurt♥ PBJ Pack ♥

Pepper Strips
Leafy Green Salad
Pineapple Tidbits

4

Chicken BLT Sandwich

Chicken Cesar Salad Pretzel Yogurt PBJ Pack

~~~~SIDES~~~~~

Tomato Cucumber Salad Baby Carrots Fruit Cocktail 5

Ham & Cheese Hoagie

Chicken Cesar Salad Pretzel Yogurt PBJ Pack PBJ Pack

Baby Carrots
Grape Tomato
Apple Slices

6

Make Your Own Pizza

Chicken Caesar Salad Pretzel Yogurt PBJ Pack

Leafy Green Salad
Cucumber Slices
Orange Slices

7

Turkey & Cheese Hoagie

Chicken Caesar Salad Pretzel Yogurt PBJ Pack

~~~SIDES~~~~~ Celery Sticks Grape Tomato Craisins 8

Cheese Hoagie

Chicken Caesar Salad Pretzel Yogurt PBJ Pack

~~~~SIDES~~~~~

Fresh Broccoli Baby Carrots Peaches

11

Chicken Strips or Mini Corn Dogs

Cobb Salad
Turkey & Cheese Sandwich
~~~~SIDES~~~~~

Baked Fries Leafy Green Salad Pineapple Tidbits Cheeseburger or Chicken or Bean Nachos

Cobb Salad
Turkey & Cheese Sandwich
~~~~SIDES~~~~~

Steamed Corn Leafy Green Salad Orange Slices Cheese Pizza or Chicken Nuggets

Cobb Salad
Turkey & Cheese Sandwich
~~~~SIDES~~~~~
Seasoned Broccoli

Seasoned Broccoli Tomato Cucumber Salad Fruit Cocktail 14 Popcorn Chicken or

Sloppy Joe Sandwich Cobb Salad Turkey & Cheese Sandwich

Steamed Peas
Pepper Strips
Raisin Box

15

NO LUNCH



18

Chicken Strips or Pizza Sticks w/ Marinara Sauce **0**

Buffalo Chicken Salad Cheese Sandwich

Steamed Carrots Celery Sticks Applesauce 19

Cheeseburger or Beef or Bean Soft Tacos

Buffalo Chicken Salad Cheese Sandwich

~~~~SIDES~~~~~ Steamed Mixed Vegetables Baby Carrots Pineapple Tidbits Cheese Pizza® or
Penne Rosé Chicken
Pasta

Buffalo Chicken Salad Cheese Sandwich

Seasoned Green Beans
Fresh Broccoli
Juicy Pears

**First Day of Spring** 

<u>21</u>

Popcorn Chicken or French Toast Sticks<sup>©</sup> Sausage Patty

> Buffalo Chicken Salad Cheese Sandwich

Tater Tots Cucumber Slices Sweet Peaches 22

Make Your Own Pizza® Chicken Drumstick

Buffalo Chicken Salad Cheese Sandwich

Seasoned Corn Leafy Green Salad Fruit Cocktail

**LUCKY TRAY DAY** 

25

Chicken Strips or Cheesy Mac n' Cheese **①** 

Chef Salad
Chicken Caesar Wrap
SIDES
Steamed Green Beans
Baby Carrots

Orange Slices

26

Cheeseburger or Buffalo Chicken Flatbread

Chef Salad Chicken Caesar Wrap ~~~~SIDES~~~~~

> Mixed Vegetables Grape Tomatoes Raisin Box

27

Cheese Pizza or Hot Dog on a Bun

Chef Salad
Chicken Caesar Wrap

Tater Tots Celery Sticks Sweet Peaches 28

**NO LUNCH** 



NO LUNCH



## Lunch Prices: \$2.60 Full; \$0.40 Reduced

To make a meal, students must select foods from at least 3 different food groups with one of the items being a  $\frac{1}{2}$  cup fruit,  $\frac{1}{2}$  cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only  $\frac{1}{2}$  c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.

Menu subject to change without notice

Offered Daily: PBJ Protein Pack (1) or Yogurt w/ Pretzel(1)
Milk: All Choices are rBST Hormone Free

Skim White, Nonfat Flavored Chocolate or Strawberry, or 1% White Selection of Fresh Fruits and Vegetable are offered daily. Options may include; applesauce, apple slices, peaches, pears, pineapple, raisins, mandarin oranges, grapes, whole apples, whole oranges, leafy green salad, mixed bean salad, tomatoes, cucumbers, celery, carrots, broccoli and peppers.

aramark

This institution is an equal opportunity provider.